Alachua County Public Schools Students to Successful Citizens/ System of Care Mental Wellness Program

Annual Report: 2019-2020







Mission Statement

Establishing an effective school-based System of Care Mental Wellness Program that ensures Alachua County youth and their families receive resources necessary to be safe, healthy, educated, and work ready.

Purpose

The school-based System of Care Mental Wellness Program is a prevention-based program that offers differentiated counseling and mental health services to students and families. Services/treatment becomes more extensive based on the needs of students/families.

Goals

- Assess and treat at-risk students/families according to their needs
- Train school personnel
- Improve classroom behavior/reduce suspensions
- Increase academic achievement and overall graduation rates

School Closures & COVID-19

Due to COVID-19, Florida Commissioner of Education, Richard Corcoran, instructed all Florida public school districts to extend their spring breaks by an extra week on March 13, 2020. Alachua County Public Schools were closed beginning May 16, 2020. After which, Governor Ron DeSantis issued an Executive Order, and subsequent Executive Order Updates to keep schools closed across the State of Florida for the remainder of the 2019-2020 school year.

A Continuity of Mental Health Services and Wrap-Around Social Services Plan was implemented during this time. The Continuity of Services (telehealth sessions, home visits, counseling sessions, providing food, and supports to school personnel), remained in place beyond the end of the school year (May 29, 2020). Students and families have been adversely impacted by the pandemic. The impact on services is reflected in the data included in this Annual Report.

Summary of Services

- School Staff and Partner Training:
 - System of Care Mental Wellness Program Overview and Procedures
 - Team Building
 - Social-Emotional Learning and Behavior Intervention in Schools
 - Student Record Protocols and Use of the Student Information Database
 - Youth Mental Health First Aid (Social workers)
 - Crisis Intervention Training
 - Suicide Awareness and Prevention
 - Trauma Informed Training

Summary of Services (Continued)

Student Services

- Continuous Progress Monitoring of Students (academics, behavior, attendance)
- Sustaining enrollment in program while identifying additional candidates
- One-on-one interventions with students and families (counseling)
- Small-group counseling /interventions with students
- Home visits
- "Push-ins" to classrooms to monitor students in the school setting
- Providing a continuum of Mental Health Services
- Weekly Meetings with System of Care Administrators
- Weekly Meetings with School-based Student Support Services teams to monitor and discuss needs of students and families

Students and Families Served

Student Enrollment by Quarter 2019-2020

School	Enrollment Q -1	Enrollment Q -2	Enrollment Q -3	Enrollment Q -4
ldylwild	12	14	26	22
Lake Forest	16	19	22	23
Metcalfe	13	16	16	16
Rawlings	14	19	23	21
TOTAL	55	68	87	82

Social Worker Activity Report 2019-2020 School Year

Quarter	Home Visits	One-on-One Student Counseling Sessions	Student Small Group Sessions	Parent Meetings	Social Worker / Mental Health Therapist Meetings
Q1	22	230	64	157	146
Q2	31	542	198	142	215
Q3	25	600	203	236	256
Q4	121	189	30	571	338
TOTAL	199	1561	495	1106	955

Students Served by Grade Level

2018-2019 (Q4)

Grade Level	Number of Students
Kindergarten	3
1 st Grade	17
2 nd Grade	21
3 rd Grade	25
4 th Grade	16
5 th Grade	20
TOTAL	102

2019-2020 (Q4)				
Grade Level	Number of Students			
Kindergarten	3			
1 st Grade	11			
2 nd Grade	12			
3 rd Grade	19			
4 th Grade	19			
5 th Grade	18			
TOTAL	82			

School-Based Data

2018-2020 - Behavior Referrals (by school) Q4

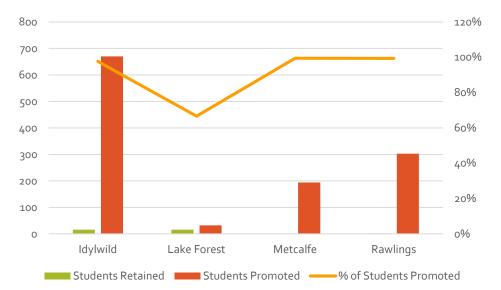
School	Total Referrals Generated 2018-19	Total Referrals Generated 2019-20	# Students with Referrals 2018-19	# Students with Referrals 2019-20	# Students with 1 or more days suspended 2018-19	# Students with 1 or more days suspended 2019-20
ldylwild	20	0	6	0	1	0
Lake Forest	17	0	6	0	1	0
Metcalfe	5	0	4	0	1	0
Rawlings	16	0	7	0	3	0
TOTAL	48	0	23	0	6	0

2018-2020 School Grades

School	School Grade 2018-2019	School Grades 2019-2020
ldylwild	D	No Grade
Lake Forest	D	No Grade
Metcalfe	В	No Grade
Rawlings	С	No Grade

Student Accomplishments ALL Students Promoted to Next Grade

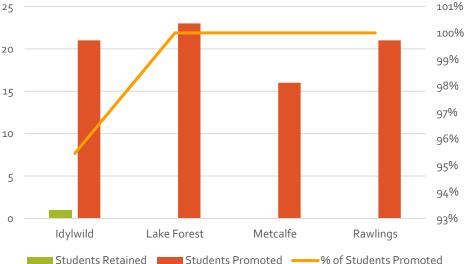
School	Students Retained	Students Promoted	% of Students Promoted
ldylwild	16	670	98
Lake Forest	16	372	96
Metcalfe	1	194	99
Rawlings	2	303	99



Student Accomplishments

System of Care Students - Promoted to Next Grade

School	Students Retained	Students Promoted	% of Students Promoted	:
Idylwild	1	21	95	:
Lake Forest	о	23	100	:
Metcalfe	0	16	100	
Rawlings	0	21	100	



Principal Surveys

4 Elementary School Principals Surveyed

- 100% agreed that the program provided much needed mental health counseling and support for students
- 100% would highly recommend the program to other principals



Principal Testimonials





"We are forever grateful for the daily support and care provided to our students and families by the System of Care."



"The System of Care provides invaluable resources for our students and families. The mental health support through Village Counseling Center is very much needed for my students. I know this need will increase as a result of COVID-19. For my parents that are reluctant to allow their students to have access to the service, I would like to problem solve around ways to address this barrier."



"We are very fortunate to have the System of Care services for our students and families."

"Thank you so much for the System of Care services!"

Parent Surveys

- 82 Parents Surveyed
- 68 Parents Returned the Survey (83% return rate)
- 100% agreed that the social and mental health services met their needs
- 100% of parents agreed that they would recommend this program to other parents



Parent Testimonials



"You have met our needs. I am grateful my grandson has improved a lot. He is so much better now. I hope he can continue with you all for the continuing year. Thank you very much."



"My son has been in the System of Care Program since second grade. I appreciate the constant support he had during him time in the program. I am grateful."



"Thank you so much. I have seen a lot of improvement in my grandson's behavior at school and at home."



Idylwild Elementary School

"This is a great program!"

Parent Testimonials (Continued)



Metcalfe Elementary School



Rawlings Elementary School

"I am so happy that I decided to reach out for help from the System of Care. My child can talk with the social worker and mental health counselor about their feelings and more, better than with a family member. I really appreciate the program."

"As a single parent in need, I am so grateful for this program. The Ms. Rodriguez and Ms.Yuhas have really met all of the needs of my kids, and my needs. I thank God for program funding. I would recommend this program to other parents. This program has really helped me as a mother succeed. My success is due to them."

"I am thankful for Ms. Shannon and Mrs. Kozakoff for trying to help my son."

"This program has helped me as a parent so much. Parents need people like you to help them out sometimes."





Plan for School Years 2019-2020

- Sustain funding of the System of Care Mental Wellness Program
- Continue to provide mental health services for at-risk students/families
- Continue to progress monitor program
- Continue to use program data to address strengths and areas of need

Annual Budget Projections

SBAC Social Workers Salary and Benefits: \$220,000.00 (projected)

VCC Contracted Mental Health Services: \$308,000.00

Total Expected Program Costs:

\$528,000.00



The generosity of the Community Foundation of North Central Florida enabled the Students to Successful Citizens/System of Care program to provide services to our at-risk students/families. We've completed our second year of implementation with the assignment of an IMPACT TEAM (social worker and mental health counselor) to our 4 highest needs elementary schools.

We have been fortunate to have a supportive superintendent, school board, executive director, District System of Care team, engaged school administrators, school support teams, parents, and a network of community partners.